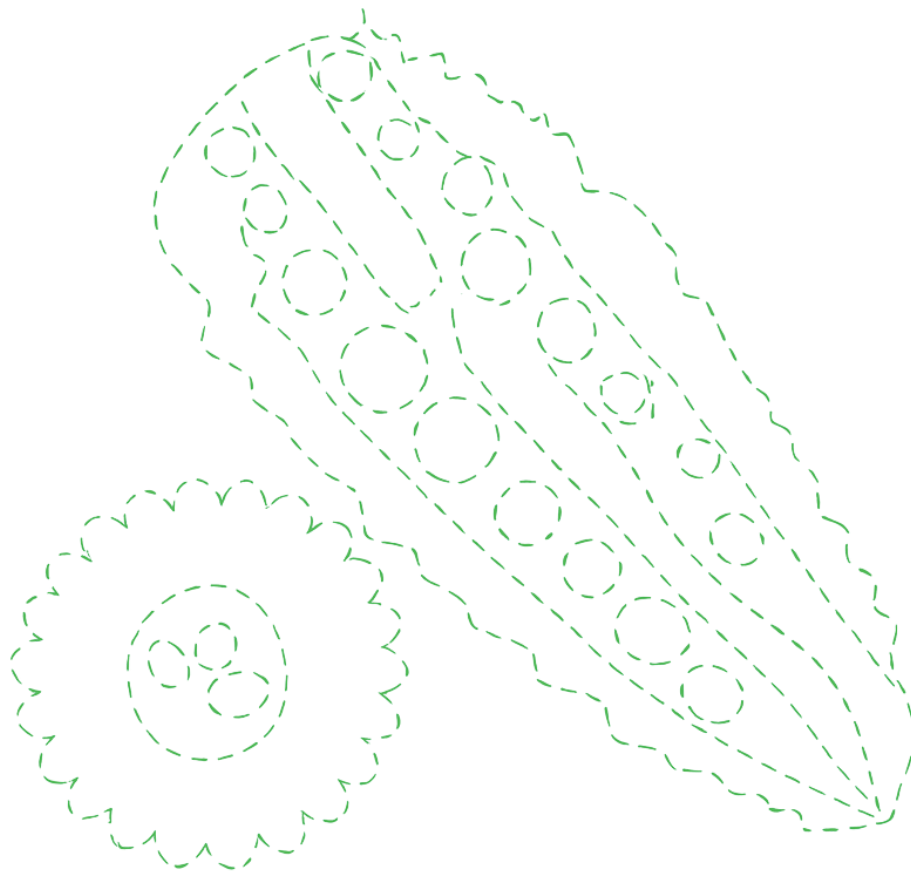


Name: \_\_\_\_\_

Date: \_\_\_\_\_



Did you know...  
**Bitter Gourds** may  
taste bitter but are  
super healthy.



BITTER GOURD